

INTENSIVE FILIAL THERAPY TRAINING PROGRAM

FOR MENTAL HEALTH PROFESSIONALS SEEKING TO DEVELOP
COMPETENCY IN FILIAL THERAPY

**AN INTEGRATED FAMILY THERAPY AND PLAY THERAPY INTERVENTION TO
STRENGTHEN FAMILY RELATIONSHIPS BY ENGAGING CAREGIVERS AS PARTNERS
IN THEIR CHILD'S THERAPEUTIC PROCESS.**

*Intensive Filial Therapy Training Program developed by Risë VanFleet that features
the work of Filial Therapy originators, Drs. Bernard and Louise Guerney*

June 15-18, 2017 (Thursday-Sunday)

Burnaby, British Columbia

6:1 PARTICIPANT-TO-LEADER RATIO

Sponsored by:



GROVE CENTRE
FOR CHILD AND
FAMILY THERAPY

Presented by:

Christopher Conley
MA, RCC, RMFT, CPT-S, RPT-S

Registered Clinical Counsellor
Registered Marriage & Family Therapist
Certified Play Therapist Supervisor
Registered Play Therapist Supervisor
Filial Therapy Instructor
Approved provider of play therapy continuing education and
foundation training

ABOUT THE INSTRUCTOR

Christopher Conley

MA, RCC, RMFT, CPT-S, RPT-S

Christopher is a Certified Play Therapist Supervisor (CPT-S) with the Canadian Association for Child and Play Therapy and a Registered Play Therapist Supervisor (RPT-S) with the Association for Play Therapy. He has over twenty years of clinical experience with families and children ages 18 months to 18 years. He is a Registered Clinical Counsellor (RCC) with the BC Association of Clinical Counsellors, Registered Marriage and Family Therapist (RMFT) with the Canadian Association for Marriage and Family Therapy, and Clinical member of the American Association for Marriage and Family Therapy (AAMFT). He holds a Master of Arts degree in Counselling and Psychological Services.

Christopher is a trained Filial Therapy instructor who provides intensive Filial Therapy training to mental health professionals. He has completed the advanced and instructor Filial Therapy trainings with Risë VanFleet and co-facilitated with her an intensive Filial Therapy training program in Pennsylvania.

Christopher has written articles and has conducted workshops nationally in Canada on topics including play therapy, filial therapy, parent education and classroom management. Christopher is a past board member of BCPTA and CACPT.

ABOUT THE WORKSHOP

Filial Therapy is a highly effective intervention integrating family therapy and play therapy to address child and family problems. Therapists learn how to train and supervise parents as they conduct special child-centered play sessions with their own children (ages 3-12+), an approach designed to resolve presenting problems while strengthening family relationships.

Filial Therapy has been used successfully with many children and family problems. A research history spanning more than 50 years has consistently shown Filial Therapy to be cost-effective in facilitating positive and long-lasting child and family change. The use of this relatively short-term, evidence-based approach has increased dramatically worldwide in recent years due to its effective, empowering approach to strengthening families.

Filial therapy has been used in many different settings and has been embraced by many cultural and ethnic groups throughout the world because of its respectful involvement of parents as partners in the process of family change.

LEARNING OBJECTIVES

Participants will be able to: 1) describe at least 3 advantages of filial therapy over individual play therapy; 2) teach the 4 child-centered play skills to parents using mock play sessions; 3) help parents understand the value of play and their involvement in their children's treatment; 4) observe parent-child play sessions and provide constructive feedback to parents to improve their skills; 5) discuss themes of the play sessions with parents to further understanding of the child and the relationship; 6) help parents generalize the use of the play skills to everyday life situations; 7) monitor home-based play sessions between parent and child to ensure maintenance of skills; 8) discuss some of the primary research that has been done on this powerful family play therapy approach; 9) help parents process their own feelings and dynamic issues that are elicited by the parent-child play sessions.

WHO SHOULD ATTEND

Psychologists, social workers, mental health therapists and counsellors, family therapists, play therapists and other experienced professionals working with children and families and who meet the prerequisite.

PREQUISITE TRAINING/READING

Participants are required to have prior training and supervised experience in Child-Centered Play Therapy/Non-Directive Play Therapy, have read the books *Child-Centered Play Therapy* (VanFleet et al), *Filial Therapy* (VanFleet) and attended a live introductory workshop or distance-learning course in Filial Therapy. Please include a brief description with your registration of your professional background and how you meet the prerequisites.

TRAINING METHODS

Training involves didactic information, case presentations, video and live demonstrations and role-play skills practice. Participants receive direct verbal and written feedback from the instructor.

CONTINUING EDUCATION

Christopher Conley is approved by the Association for Play Therapy to provide continuing education specific to play therapy and by the Canadian Association for Child and Play Therapy to provide continuing education and foundation training specific to child and play therapy. Christopher Conley maintains responsibility for this program.

APT Approved Provider 08-232, 27 hours

CACPT Continuing Education and Foundation Training Approved Provider 09-101, 27 hours

Attendance for all contact training hours is necessary to receive attendance certificate, partial hours cannot be provided. Successful completion of student evaluation is necessary for foundation training credit hours toward certification from CACPT.

FEES & CANCELLATION POLICY

Early registration fee (fully paid by May 21, 2017): \$835.

Regular registration fee (paid after May 21, 2017): \$950.

Registration fees include training hours, training materials and refreshments. Lunch is not included. Fees in Canadian funds. Registrations are accepted on a first-come-first-served basis. Email registration to reserve a spot. Please review cancellation policy. Payment system will be made available once course is full. Registration is complete once payment is received online at store at grovecentre.ca. Registration fee set by Risë VanFleet.

Written cancellations received before May 15, 2017 will receive a full refund. Written cancellations received on or after May 15, 2017 are subject to a \$200 cancellation fee, with the remainder being refunded. Unfortunately, no refunds can be given after May 22, 2017 unless another participant substitutes, subject to \$200 cancellation fee.

REGISTRATION

Please email the following information to info@grovecentre.ca:

Please enrol me in the 4-day intensive Filial Therapy training in Burnaby, BC for June 15-18, 2017. I have reviewed the cancellation policy.

Name, Degree, Professional credentials

Title, Organization, Mailing address

Cell phone, Work phone, Email

Brief description of your professional background and how you meet the prerequisites

TRAINING LOCATION & SCHEDULE

7342 Winston St, Suite 105, Burnaby, BC V5A 2H1

9:00am – 5:45pm

Parking: on street (limited) and at rear of building. See website for directions and parking instructions.

Please contact us with any special needs as we are committed to making training accessible to all interested participants. Please contact Christopher Conley with any questions at info@grovecentre.ca.



GROVE CENTRE
FOR CHILD AND FAMILY THERAPY

Phone: 604.790.9362

Email: info@grovecentre.ca

Web: www.grovecentre.ca

Office address:

Suite 105B-7342 Winston Street

Burnaby, BC V5A 2H1

Mailing address:

PO Box 54636-RPO Highgate

Burnaby, BC V5E 4J6