

SERVICES OVERVIEW

Therapeutic services for children, adolescents and families

Diagnostic assessment, individual therapy with children and adolescents, family therapy, play therapy, filial therapy, parent education and skills training, and consultation and collaboration with community members.

Professional services for mental health professionals

Training, supervision, and consultation on child and adolescent individual therapy, play therapy, filial therapy, family play therapy, and family therapy.

Professional services for school teachers and administrators

Consultation on school interventions and training on classroom management.

FUNDING

Therapy services are covered by some health insurance plans. Free 30-minute consultation session available.



GROVE CENTRE FOR CHILD AND FAMILY THERAPY

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MISSION

Grove Centre's mission, as a respectful member of the community, is to support children and families within home, school and community environments in collaboration with community members by providing:

- ❖ **Therapeutic services** to children, adolescents and families
- ❖ **Training** to mental health and school professionals
- ❖ **Supervision** to mental health professionals
- ❖ **Consultation** to mental health professionals, school staff and other community members

STAFF BIOGRAPHY

Christopher Conley

MA, RCC, RMFT, CPT-S, RPT-S

Registered Clinical Counsellor
Registered Marriage & Family Therapist
Certified Play Therapist Supervisor
Registered Play Therapist Supervisor
Approved Provider of Play Therapy Continuing
Education with CACPT and APT

Christopher has twenty years of clinical experience with families and children ages 18 months to 18 years. He has worked with clients in out-patient, residential and in-home settings providing individual, group, family, filial and play therapy. He currently focuses on individual therapy with children and adolescents, play therapy, filial therapy and family therapy, promoting the involvement of all family members in the therapeutic process.

Christopher holds a Master of Arts degree in Counselling and Psychological Services. He is also a clinical member of the American Association for Marriage and Family Therapy. He was previously credentialed as a Licensed Marriage and Family Therapist and Certified Chemical Dependency Practitioner

in Minnesota and Licensed School Counsellor in Indiana. Christopher is a Filial Therapy Instructor and provides intensive filial therapy trainings to mental health professionals.

Christopher is actively involved in the professional community. He has written several articles on play therapy and classroom management and has conducted presentations and workshops on play therapy, therapy with young children, filial therapy, parent education and classroom management. He is a past board member of the British Columbia Play Therapy Association and Canadian Association for Child and Play Therapy. He provides therapy, training, supervision and consultation services.



SERVICES FOR FAMILIES

- ❖ Diagnostic assessment
- ❖ Individual therapy and skills training for children and adolescents
- ❖ Play therapy
- ❖ Family therapy
- ❖ Filial (parent-child attachment/relationship) therapy
- ❖ Parent education and parenting skills training
- ❖ Consultation and advocacy with schools and other community members

CLINICAL COMPETENCIES

Christopher has significant experience and expertise in a number of clinical areas including diagnostic assessment, mood and anxiety, attention deficit hyperactivity disorders, oppositional and conduct-disorder behaviour, addiction, fetal alcohol spectrum disorders, autism spectrum disorders, trauma and abuse, school issues, family issues, attachment, parenting and parent-child relationship issues.